



Required OSHA-10 & 30 Training Courses

To enhance safety in the construction workplace, the 2009 Nevada Legislature enacted Assembly Bill Number 148 that requires workers to complete an Occupational Safety and Health Administration "OSHA" 10 Hour safety course and supervisors to complete a 30-Hour OSHA Training course no later than 15 days after being hired.

The new measure becomes effective Jan. 1, 2010.

Once the courses are completed, the construction worker will receive a "completion card" that must be presented to the employer. The "completion card" is valid for five (5) years.

OSHA's 10-hour construction course is an introduction to

OSHA and its Construction Standards, covering several sub-parts of the standard with emphasis on Nevada enforcement activities. OSHA's 30-hour supervisor training provides training in OSHA's Construction Standards, and is an expanded version of the 10-hour course.

Both training courses emphasize construction safety, health hazard recognition and prevention standards developed by the Occupational Safety and Health Administration of the United States Department of Labor.

The State of Nevada Department of Business and Industry's Division of Industrial Relations is responsible for approving the OSHA-10 and OSHA-30 courses. Federal

OSHA training guidelines that parallel Nevada's requirements are available at the OSHA public website at: www.osha.gov

OSHA-10 and OSHA-30 courses are offered by numerous organizations including Associated Builders and Contractors; Southern Nevada Home Builders Association; Associated General Contractors in Southern Nevada and Construction Training Center in Northern Nevada as well as the Safety Consultation and Training Section (SCATS) of the Department of Business and Industry. In addition, the College of Southern Nevada and Truckee Meadows Community College offer courses and some on-line courses are available.

For more information concern-

ing the new requirements, the following websites may be helpful: The Safety Consultation and Training Section (SCATS) website:

<http://www.nv1030.org/main.asp?pID=1>; the College of Southern Nevada, <http://www.csn.edu/workforce/index.asp>, and Truckee Meadows Community College, <http://www.tmcc.edu/WDCE/ISRCC/>.

The Department of Business and Industry's Division of Industrial Relations may be reached at the following telephone numbers: in Southern Nevada (702) 486-9140; in Northern Nevada (775) 824-4630 and in Northeastern Nevada (Elko) 775-778-3312.

New Federal Lead Renovation, Repair & Painting Requirements

To further protect children from exposure to lead-based paint, the U.S. Environmental Protection Agency (EPA) has issued new rules for contractors who renovate or repair housing, child-care facilities or schools built before 1978.

Under the new rules, workers must follow lead-safe work practice standards to reduce potential exposure to dangerous levels of lead during renovation and repair activities.

The "Lead: Renovation, Repair and Painting Program" rule, which will take effect in **April 2010**, prohibits work practices creating lead hazards. Requirements under the rule include implementing lead-safe work practices and certification and training for paid contractors and maintenance professionals

working in pre-1978 housing, child-care facilities and schools.

Beginning October 22, 2009, contractors must take EPA-accredited training before beginning renovation, repair or painting projects as defined in the RR&P rule.

The rule covers all rental housing and non-rental homes where children under age 6 and pregnant mothers reside. The new requirements apply to renovation, repair, or painting activities where more than six square feet of lead-based paint is disturbed in a room or where 20 square feet of lead-based paint is disturbed on the exterior. The affected contractors include builders, painters, plumbers and electricians. Trained contractors must post warning signs, restrict occupants from work areas, con-



tain work areas to prevent dust and debris from spreading, conduct a thorough cleanup, and verify that the cleanup was effective.

Lead is a toxic metal that was used for many years in paint and was banned for residential use in 1978. Exposure to lead can result in health concerns for both children and adults. Children under age 6 are most at risk because their developing nervous systems are especially vulnerable to lead's

effects and because they are more likely to ingest lead due to their more frequent hand-to-mouth behavior.

Almost 38 million homes in the United States contain some lead-based paint, 24 million have deteriorated paint. Four million children live in these homes. The major source of lead poisoning is lead paint and lead-contaminated dust from deteriorated paint. These new requirements are key components of a comprehensive effort to eliminate childhood lead poisoning.

For more information on this new program visit: www.epa.gov/lead.

For copies of the educational brochures, call 1-800-424-5323.

UNR Announces Fall/Winter Classes For Contractors

These professional development courses from Extended Studies at the University of Nevada, Reno are being offered this fall. Call for early registration discount information: (775)784-4062 or 1-800-233-8928. For more about Extended Studies courses or to register online, visit: <http://www.extendedstudies.unr.edu>

Sept. 15-Nov. 17, 2009 - "Energy Management Certificate" - This 10-session, 30-hour professional development program explores the essentials of building-energy management and examines methods for increasing return on investment. Designed for building managers, facility/plant managers, construction planners, engineers, maintenance personnel, small-business owners, green energy entrepreneurs and others interested in energy resources. **Tuesday evenings 6-9 p.m.** at the university's Redfield Campus, 18600 Wedge Parkway, Reno. Cost: \$1,050, includes course materials and parking

Sept. 15-30, 2009 - "Project Management Essentials" - This six-session project management course provides essential concepts and basic techniques for working effectively in all stages of project management. **Tuesday and Wednesday evenings, 5:30-8:30 p.m.** at the University's Redfield Campus, 18600 Wedge Parkway, Reno. Cost: \$695, includes course materials and parking.

Oct. 20-Nov. 5, 2009 - "Project Management: Beyond the Basics" - This six-session project management course examines project communication, quality control and risk management, using real project scenarios to help participants acquire skills for managing and influencing stakeholders and leading project teams. **Tuesday and Thursday evenings, 5:30-8:30 p.m.** at the University's Redfield Campus, 18600 Wedge Parkway, Reno. Cost: \$695, includes course materials and parking.

Oct. 21-22, 2009 - "Performance Management" - This two-session professional development course equips new, future and veteran supervisors with the skills to carry out each of the essential steps of performance management, including establishing clear expectations, measuring performance and creating employee development

plans. **Wednesday-Thursday, 9 a.m.-4 p.m.** at the University's Continuing Education Building, 1041 N. Virginia St., Reno. Cost: \$325, includes parking, lunch each day and 12 PHR/SPHR recertification hours.

Dec. 1-3, 2009 - "Managing with MS Project" - This three-session project management course explores how to use MS Project software to organize and plan project elements, develop work breakdown structures, schedule and cost project work packages and determine workforce resource allocations. **Tuesday-Thursday, 6-9 p.m.** at the University's Redfield Campus, 18600 Wedge Parkway, Reno. Cost: \$325, includes course materials and parking.

Dec. 10, 2009 - "Strategies for Understanding Financial Statements" - This one-session professional development course familiarizes supervisors with the language of finance and accounting and basic financial reporting statements to improve the bottom line. **Thursday, 9 a.m.-4 p.m.** at the University's Redfield Campus, 18600 Wedge Parkway, Reno. Cost: \$195, includes parking, lunch and 6 PHR/SPHR recertification hours

Jan. 21-22, 2010 - "Managing and Supervising People" - This two-session professional development course examines successful transitions to management, creating a balance between leading and managing, personal style preferences and impacts, group problem solving, managing conflict and consensus building. **Thursday-Friday, 9 a.m.-4 p.m.** at the University's Continuing Education Building, 1041 N. Virginia St., Reno. Cost: \$325, includes parking, lunch each day and 12 PHR/SPHR recertification hours.

TMCC Announces September Classes For Contractors

The following classes are being offered at Truckee Meadows Community College. For more information go to the TMCC website at: www.tmcc.edu and click on Continuing Education, or call: (775) 829-9010:

8 Hour Hazardous Waste Operations Refresher - Prerequisite: 40 hour HAZWOPER certification. If you are certified to work with hazardous waste, you can comply with the annual training requirements set by OSHA's 29 CFR 1910.120 standard by taking this class. Learn about new legislation, the nine hazard classes and waste classifications, hazardous waste chemistry, the hazards of Lab Packs, the limitations of personal protective equipment and more. If you have a current medical clearance and your own air purifying respirator, take the opportunity to receive your annual fit testing for no additional fee. You must provide a copy of your current certification to attend. **Sept. 11, 2009** at the TMCC IGT Applied Technology Center. Cost: \$175.

Forklift Safety Training - Prerequisite: Must be at least 18 years old to register. Regardless if you're a novice or an experienced operator, you'll find this course will help you further develop your driving skills. Learn the safe operation of all forklift styles such as sit-down, stand-up, rider pallet jack, reach trucks and order-pickers. In addition,

find out about the stability triangle, load safety, the proper steps for completing a daily inspection and more. **Sept. 19, 2009** at the TMCC IGT Applied Technology Center. Cost: \$79.

10-Hour Outreach for Construction - Learn 10 of the required training topics under OSHA 29CFR1926 standards. Upon successful completion, receive a Department of Labor certificate and wallet card. **Sept. 17-18, 2009** at the TMCC IGT Applied Technology Center. Cost: \$125.

30-Hour Outreach For Construction - Take this course to comply with OSHA's 30-hour construction safety outreach training for construction supervisors. Also, discover how to maintain a safe work-site and protect your workers. Experienced staff will teach the new requirements, including the new Focus Four, PPE, ladders and stairways, scaffolding, excavation, chemical safety, crane safety, powered industrial trucks, hand and power tool safety and more. **Sept. 28-Oct. 1, 2009** at the TMCC IGT Applied Technology Center. Cost: \$275.